

**A STUDY OF SELF ESTEEM OF DYSLEXIC CHILDREN**

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*Abstract*

*Dyslexia might impact learning to read or write or does basic reading comprehension, written language or more complex math .It also impact the student's ability to organise material and thoughts to a task to carry out that plan. It is said that dyslexic children posses low self esteem, low self esteem would affect the personality development of Dyslexic children. A sample of 30 dyslexic children of class V from English medium were selected .The findings showed that the self Esteem of Dyslexic children is low as compare to the normal children.*

*Key word: Self Esteem, Dyslexic children*

**I. INTRODUCTION**

A learning disability is a neurological based processing disorder from faulty wiring in the cerebral cortex .These processing difficulties involving or understanding or using language (Spoken or written) results in imperfect ability to listen, speak, read, write, spell or do math calculation .Children with learning disabilities are as smart as their peers i.e. they have average or above average I.Q.

**WHAT IS DYSLEXIA?**

**ACCORDING TO U.S. NATIONAL INSTITUTE OF HEALTH**, dyslexia is a learning disability that hinders a person ability to read writes, spell and sometime speak.

**WORLD FEDERATION DEFINED** dyslexia as a "a disorder in children, who despite conventional classroom experience, fail to attain language skills of spelling commensurate with intellectual abilities"

**WHAT IS SELF-ESTEEM?**

Self esteem refers to ones self worth or self respect . It is a judgment of oneself as well as an attitude toward the self. Self-esteem encompasses belief about oneself,

**Components of Self-Esteem**

According to one definition (Braden, 1969), there are three key components of self-esteem: Learning disabilities might impact learning to read or write or does basic reading comprehension, written language or more complex math .It also impact the student's ability to organize material and thoughts to a task to carry out that plan. Thus, some problems are appear earliest school years,

some are not apparent until late elementary school still others show up in middle or high school .The low academic performance in the classroom would also affect their self esteem and they think themselves as worthless which would affect their not only academic life but also personal and professional life.

## **II. OBJECTIVES OF THE STUDY**

- To Study the |Self esteem of dyslexic students.
- To study the Correlation between Dyslexia and Self Esteem.

## **III. HYPOTHESES OF THE STUDY**

- The self esteem of dyslexic children is High.
- There is no significant correlation between Dyslexia and self esteem of the students.

## **IV. SCOPE AND LIMITATIONS OF THE STUDY**

### **Scope**

- This study results would be helpful to study the learning and psychological problems of dyslexic children.

### **Limitations**

- Study is limited only to English medium schools.
- Study is limited only to V<sup>th</sup> standard student only.
- Study is limited to Aurangabad city schools only.

## **V. METHOD OF STUDY**

**Survey method** was used for the collection of data.

- 1) **PROCEDURE:** First the Dyslexic students were identified with the help of self made standardized tool of dyslexia i.e. Screening and Diagnostic test of dyslexia SDTD-J, after identification of the Dyslexic children ,the self esteem test of Karl Parera was administered and their self esteem scores were recorded.

### **2) SAMPLING METHOD**

**Purposive random sampling** method

**SIZE OF THE SAMPLE :-** 30 dyslexic students

### **TOOLS**

- Self made screening and diagnostic test of dyslexia **STDT-J**.
- Karl Parera test of Self esteem

### **3) STATISTICAL TECHNIQUE**

Pearson product Moment Correlation technique.

### **SCHOOLS WHERE OBSERVATIONS WERE MADE**

#### **English Medium Schools:**

- Model English High School.

- St. Francis de sales English High school.
- Vidyalankar English high school.
- New Horizon English High school.
- Boon English High School.

## VI. DISCUSSION OF THE RESULT

TABLE NO.01

Scores on Self esteem scale	No.of Dyslexic students	% of dyslexic students	Interpretation
14-16	07	23.33%	High esteem
12-13	08	26.66%	Average esteem
8-11	13	43.33%	Low esteem
Below 8	02	6.66%	V.Low esteem

49.99% of the dyslexic children possess low self esteem, whereas 26.66% of the dyslexic children have average self esteem, and 23.33 % of the children have high esteem.

TABLE NO.02

VARIABLES	No.of children	Dyslexic	Correlation Pearson Moment)	value( product	Interpretation
SELF ESTEEM	30		-0.2091		Negative Low Correlation
DYSLEXIA					

## VII. CONCLUSIONS

- 1) The Self Esteem of dyslexic children is High.  
The Hypothesis **No.01** is Rejected as the Self esteem scores of 49.99% of dyslexic children is low, and 26.66% of the children shows Average Self esteem ,whereas only 23.33% of the children shows high self esteem.
- 2) There is no significant correlation between Dyslexia and self esteem of the students.  
The Hypothesis **No.02** is accepted as the correlation value is **-0.2091** which indicates Negative Low correlation between dyslexia and self esteem.

## VIII. SUGGESTIONS

- Face your fears, do the more drilling in phonetics.
- Forget your failures, focus towards reading and writing.
- Know what you want and ask for it, don't remain fearful, clear your doubts of reading and writing from the teacher.
- Talk to teachers, parents and your friends about your problem freely and frankly.
- Practice the things in which you are interested.

- Don't indulge in self criticism; show your talents and creativity.
- Focus on your studies in the class
- Reward yourself for your accomplishments.
- Remind yourself of your strengths and your achievements.
- Self nurture even when you feel you don't deserve it.

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